

Wettkampf 7 - 400m Lagen männlich**Pflichtzeiten**

2012 (kein ENM): 06:32,40 2011: 06:05,20 2010: 05:44,50 2009: 05:34,80 2008: 05:26,40 2007:
05:20,60 2006: 05:16,60 2005: 05:13,00 2004 und älter: 05:06,00

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Leonard Salan	2012	BSV Medizin Marzahn 1990	05:53,10	329
	50m: 00:37,10 (00:37,10) 100m: 01:21,54 (00:44,44) 150m: 02:07,45 (00:45,91) 200m: 02:51,13 (00:43,68) 250m: 03:43,15 (00:52,02) 300m: 04:36,42 (00:53,27) 350m: 05:14,71 (00:38,29) 400m: 05:53,10 (00:38,39)				
2.	Maxim Paulsen	2012	SG Neukölln Berlin	06:48,18	213
	50m: 00:43,12 (00:43,12) 100m: 01:36,65 (00:53,53) 150m: 02:29,08 (00:52,43) 200m: 03:18,57 (00:49,49) 250m: 04:16,25 (00:57,68) 300m: 05:14,26 (00:58,01) 350m: 06:01,69 (00:47,43) 400m: 06:48,18 (00:46,49)				
3.	Immanuel Wöhlecke	2012	SG Neukölln Berlin	07:10,75	181
	50m: 00:46,79 (00:46,79) 100m: 01:42,39 (00:55,60) 150m: 02:40,63 (00:58,24) 200m: 03:36,30 (00:55,67) 250m: 04:32,81 (00:56,51) 300m: 05:31,86 (00:59,05) 350m: 06:21,14 (00:49,28) 400m: 07:10,75 (00:49,61)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Jasper Maron	2011	Berliner TSC	05:37,27	377
	50m: 00:38,21 (00:38,21) 100m: 01:23,58 (00:45,37) 150m: 02:06,21 (00:42,63) 200m: 02:47,59 (00:41,38) 250m: 03:34,70 (00:47,11) 300m: 04:22,30 (00:47,60) 350m: 05:00,13 (00:37,83) 400m: 05:37,27 (00:37,14)				

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Yessin Ammar	2010	Wasserfreunde Spandau 04	05:09,36	489
	50m: 00:30,85 (00:30,85) 100m: 01:07,13 (00:36,28) 150m: 01:47,35 (00:40,22) 200m: 02:25,21 (00:37,86) 250m: 03:12,66 (00:47,45) 300m: 04:00,24 (00:47,58) 350m: 04:36,16 (00:35,92) 400m: 05:09,36 (00:33,20)				
2.	Felix Woiwode	2010	Aqua Berlin	05:32,52	394
	50m: 00:34,33 (00:34,33) 100m: 01:17,02 (00:42,69) 150m: 01:59,58 (00:42,56) 200m: 02:41,12 (00:41,54) 250m: 03:30,62 (00:49,50) 300m: 04:19,87 (00:49,25) 350m: 04:57,50 (00:37,63) 400m: 05:32,52 (00:35,02)				

noch Wettkampf 7 - 400m Lagen männlich**Jahrgang 2009**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Berliner Jahrgangsmeister						
	Anton Freimark	2009	SG Schöneberg, Berlin	05:21,71	435	
	50m: 00:32,73 (00:32,73) 100m: 01:10,95 (00:38,22) 150m: 01:53,95 (00:43,00) 200m: 02:35,43 (00:41,48) 250m: 03:22,80 (00:47,37) 300m: 04:10,20 (00:47,40) 350m: 04:46,64 (00:36,44) 400m: 05:21,71 (00:35,07)					
	<u>abgemeldet</u>					
	Ben David Preuß	2009	SG Schöneberg, Berlin			

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Berliner Jahrgangsmeister						
	Ronen Lior Feldman	2008	Wasserfreunde Spandau 04	04:58,28	546	
	50m: 00:29,89 (00:29,89) 100m: 01:05,08 (00:35,19) 150m: 01:43,59 (00:38,51) 200m: 02:21,68 (00:38,09) 250m: 03:05,78 (00:44,10) 300m: 03:51,34 (00:45,56) 350m: 04:24,96 (00:33,62) 400m: 04:58,28 (00:33,32)					
2.	Felix Fraszczak	2008	Berliner TSC	05:21,24	437	
	50m: 00:33,78 (00:33,78) 100m: 01:14,38 (00:40,60) 150m: 01:55,72 (00:41,34) 200m: 02:35,10 (00:39,38) 250m: 03:22,50 (00:47,40) 300m: 04:09,14 (00:46,64) 350m: 04:46,29 (00:37,15) 400m: 05:21,24 (00:34,95)					
3.	Florian Reiter	2008	SG Berliner Wasserratten	06:14,98	274	EnM
	50m: 00:38,05 (00:38,05) 100m: 01:24,42 (00:46,37) 200m: 03:01,50 (01:37,08) 250m: 03:58,39 (00:56,89) 300m: 04:53,85 (00:55,46) 350m: 05:36,08 (00:42,23) 400m: 06:14,98 (00:38,90)					

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Berliner Jahrgangsmeister						
	Tim Lohe	2007	SG Berliner Wasserratten	07:32,64	156	EnM
	50m: 00:47,61 (00:47,61) 100m: 01:50,14 (01:02,53) 150m: 02:51,35 (01:01,21) 200m: 03:49,76 (00:58,41) 250m: 04:51,75 (01:01,99) 300m: 05:53,65 (01:01,90) 350m: 06:44,82 (00:51,17) 400m: 07:32,64 (00:47,82)					

Jahrgang 2005

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Berliner Jahrgangsmeister						
	Emil Thore Schildhauer	2005	Wasserfreunde Spandau 04	04:47,14	612	
	50m: 00:28,88 (00:28,88) 100m: 01:03,18 (00:34,30) 150m: 01:41,90 (00:38,72) 200m: 02:19,90 (00:38,00) 250m: 02:57,63 (00:37,73) 300m: 03:37,46 (00:39,83) 350m: 04:14,02 (00:36,56) 400m: 04:47,14 (00:33,12)					

noch Wettkampf 7 - 400m Lagen männlich**Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Berliner Meister						
	Emil Thore Schildhauer	2005	Wasserfreunde Spandau 04	04:47,14	612	
	50m: 00:28,88 (00:28,88) 100m: 01:03,18 (00:34,30) 150m: 01:41,90 (00:38,72) 200m: 02:19,90 (00:38,00) 250m: 02:57,63 (00:37,73) 300m: 03:37,46 (00:39,83) 350m: 04:14,02 (00:36,56) 400m: 04:47,14 (00:33,12)					
2.	Ronen Lior Feldman	2008	Wasserfreunde Spandau 04	04:58,28	546	
	50m: 00:29,89 (00:29,89) 100m: 01:05,08 (00:35,19) 150m: 01:43,59 (00:38,51) 200m: 02:21,68 (00:38,09) 250m: 03:05,78 (00:44,10) 300m: 03:51,34 (00:45,56) 350m: 04:24,96 (00:33,62) 400m: 04:58,28 (00:33,32)					
3.	Yessin Ammar	2010	Wasserfreunde Spandau 04	05:09,36	489	
	50m: 00:30,85 (00:30,85) 100m: 01:07,13 (00:36,28) 150m: 01:47,35 (00:40,22) 200m: 02:25,21 (00:37,86) 250m: 03:12,66 (00:47,45) 300m: 04:00,24 (00:47,58) 350m: 04:36,16 (00:35,92) 400m: 05:09,36 (00:33,20)					
4.	Felix Fraszczak	2008	Berliner TSC	05:21,24	437	
	50m: 00:33,78 (00:33,78) 100m: 01:14,38 (00:40,60) 150m: 01:55,72 (00:41,34) 200m: 02:35,10 (00:39,38) 250m: 03:22,50 (00:47,40) 300m: 04:09,14 (00:46,64) 350m: 04:46,29 (00:37,15) 400m: 05:21,24 (00:34,95)					
5.	Anton Freimark	2009	SG Schöneberg, Berlin	05:21,71	435	
	50m: 00:32,73 (00:32,73) 100m: 01:10,95 (00:38,22) 150m: 01:53,95 (00:43,00) 200m: 02:35,43 (00:41,48) 250m: 03:22,80 (00:47,37) 300m: 04:10,20 (00:47,40) 350m: 04:46,64 (00:36,44) 400m: 05:21,71 (00:35,07)					
6.	Felix Woiwode	2010	Aqua Berlin	05:32,52	394	
	50m: 00:34,33 (00:34,33) 100m: 01:17,02 (00:42,69) 150m: 01:59,58 (00:42,56) 200m: 02:41,12 (00:41,54) 250m: 03:30,62 (00:49,50) 300m: 04:19,87 (00:49,25) 350m: 04:57,50 (00:37,63) 400m: 05:32,52 (00:35,02)					
7.	Jasper Maron	2011	Berliner TSC	05:37,27	377	
	50m: 00:38,21 (00:38,21) 100m: 01:23,58 (00:45,37) 150m: 02:06,21 (00:42,63) 200m: 02:47,59 (00:41,38) 250m: 03:34,70 (00:47,11) 300m: 04:22,30 (00:47,60) 350m: 05:00,13 (00:37,83) 400m: 05:37,27 (00:37,14)					
8.	Leonard Salan	2012	BSV Medizin Marzahn 1990	05:53,10	329	
	50m: 00:37,10 (00:37,10) 100m: 01:21,54 (00:44,44) 150m: 02:07,45 (00:45,91) 200m: 02:51,13 (00:43,68) 250m: 03:43,15 (00:52,02) 300m: 04:36,42 (00:53,27) 350m: 05:14,71 (00:38,29) 400m: 05:53,10 (00:38,39)					
9.	Florian Reiter	2008	SG Berliner Wasserratten	06:14,98	274	EnM
	50m: 00:38,05 (00:38,05) 100m: 01:24,42 (00:46,37) 200m: 03:01,50 (01:37,08) 250m: 03:58,39 (00:56,89) 300m: 04:53,85 (00:55,46) 350m: 05:36,08 (00:42,23) 400m: 06:14,98 (00:38,90)					
10.	Maxim Paulsen	2012	SG Neukölln Berlin	06:48,18	213	
	50m: 00:43,12 (00:43,12) 100m: 01:36,65 (00:53,53) 150m: 02:29,08 (00:52,43) 200m: 03:18,57 (00:49,49) 250m: 04:16,25 (00:57,68) 300m: 05:14,26 (00:58,01) 350m: 06:01,69 (00:47,43) 400m: 06:48,18 (00:46,49)					
11.	Immanuel Wöhlecke	2012	SG Neukölln Berlin	07:10,75	181	
	50m: 00:46,79 (00:46,79) 100m: 01:42,39 (00:55,60) 150m: 02:40,63 (00:58,24) 200m: 03:36,30 (00:55,67) 250m: 04:32,81 (00:56,51) 300m: 05:31,86 (00:59,05) 350m: 06:21,14 (00:49,28) 400m: 07:10,75 (00:49,61)					

noch Wettkampf 7 - 400m Lagen männlich**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
12.	Tim Lohe	2007	SG Berliner Wasserratten	07:32,64	156	EnM
	<i>50m: 00:47,61 (00:47,61) 100m: 01:50,14 (01:02,53) 150m: 02:51,35 (01:01,21)</i>					
	<i>200m: 03:49,76 (00:58,41) 250m: 04:51,75 (01:01,99) 300m: 05:53,65 (01:01,90)</i>					
	<i>350m: 06:44,82 (00:51,17) 400m: 07:32,64 (00:47,82)</i>					